



Shahid Beheshti University of Medical Sciences School of Nursing and Midwifery Education Development Office	Document ID
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Information about the course
Department: Psychiatric Nursing and Management Department Name of Course: Geriatric Mental Health Disorders and Psychiatric Nursing Care Type and number of credits: 1.5 (1 Theory, 0.5 Clinical) Pre-requirement/co-requirement: Psychopharmacology, Counseling in Nursing Course and level of study: MSc level, Psychiatric Nursing Class day and time: Tuesdays, 15-17

The information of the person in charge of the course	Information of associate professors
Name of the person responsible for the course: Dr. Fataneh Ghadirian Science ranking: Assistant Professor Major: Psychiatric Nursing Workplace: School of Nursing and Midwifery, Third floor, Room No. 320 Phone Call: +021 88655366- 334 E-mail: ghadirian.fataneh@gmail.com	Collaborating Lecturers: Meeting time and place: Phone Call: E-mail of Professors:
The date of the last revision of the lesson plan: 09/01/2023	



Lesson Description

In this lesson, the learner acquires the necessary knowledge and skills in the field of providing psychological interventions within the framework of the nursing process to elderly clients who are suffering from or at risk of developing mental disorders. The learner also learns the principles of preventing mental disorders in the elderly.

Main Goal:

- To gain knowledge and information in the field of common psychological issues and problems in the elderly and to perform nursing care based on the nursing process.

Specific Goals: (expected competencies)

After completing the course, the learner is expected to be able to:

- Geriatric developmental psychology; epidemiology and demography of mental disorders in Late Life
- Psychopathology and neurobiology of mental disorders in the elderly
- Genomics in mental disorders of the elderly
- Psychological assessment and evaluation in the elderly (psychological interview in old age, laboratory results in the workup of disorders) and evaluation of neurophysiology in cognitive disorders
- Psychiatric disorders in the elderly (delirium, dementia and mild cognitive impairment, mood disorders, psychotic disorders, anxiety, obsessive-compulsive disorder and trauma-related disorders, somatic symptoms, sexual disorders, grief, circadian rhythm and sleep disorders, personality disorders and aggression in the elderly) and related nursing process
- Topics in geriatric psychopharmacology
- Topics in ECT in the elderly
- Nutritional and therapeutic activities in elderly patients with disorders
- Individual and group psychotherapy and counseling in the elderly
- Working with families in the elderly
- Psychiatric topics and psychological care of the elderly in nursing homes or home care
- Technology and information technology in psychological care of elderly patients
- Evidence-based interventions in geriatric nursing



Educational Approach

Virtual class

Related teaching-learning method

Synchronous online class non-synchronous online class inverted class
simulation methods gamification discussion
forums

Other

In-person class

Related teaching-learning methods:

Lecture small group discussion question and answer
solution-based learning problem-based learning scenario-based learning,
project presentation

Other (name):

Hybrid

Please name the method use from all face-to-face and virtual methods:

- 10% virtual- Synchronously
- 60% lecture
- 20% Solution-based learning
- 10% question and answer



Tentative Lesson Plan

Session Number	Date	Topic	Teaching-learning method	Lecturer
1	September 26, 2023	Changes in the nervous system during old age	Lecture-Discussion	Dr. Ghadirian
2	October 03, 2023	The most common cognitive disorders in the elderly (1): dementia, mild cognitive impairment, and delirium	Lecture-Discussion	Dr. Ghadirian
3	October 10, 2023	The most common cognitive disorders in the elderly (2)	Lecture-Discussion	Dr. Ghadirian
4	October 17, 2023	Psychological dimensions in old age include anger, mental illness, neglect, and behavioral problems	Lecture-Discussion	Dr. Ghadirian
5	October 24, 2023	Spiritual and psychological health in the elderly	Lecture-Discussion	Dr. Ghadirian
6	October 31, 2023	The concept of mental health in old age	Lecture-Discussion	Dr. Ghadirian
7	November 07, 2023	Psychiatric interventions for the elderly	Lecture-Discussion	Dr. Ghadirian
8	November 14, 2023	Psychological rehabilitation in old age	Lecture-Discussion	Dr. Ghadirian



Student Expectations/Course Rules

- Active participation in classes
- Self-study and class lecture

Evaluation Method

Formative assessment: Participation in class, Lecture in class

Summative assessment: Final exam

No.	Evaluation method	The contribution of the method to the student's final grade
1	Participation in class	20%
2	Lecture in class	20%
3	Final exam	60%

Lesson Resources:(last edition)

A. Books

- Thakur ME, editor. The American psychiatric publishing textbook of geriatric psychiatry. American Psychiatric Pub.
- Karen Devereaux Melillo, Susan Crocker Houde. Geropsychiatric and Mental Health Nursing. Jones & Bartlett Co. MA, Boston. USA.
- Mildred O. Hogstel. Geropsychiatric Nursing. Philadelphia Mosby Co.
- Fortinash Katherine M & Holoday Worret Patricia A. Psychiatric mental health nursing [edited by]. 4th ed. St. Louis, Mo.: Mosby Elsevier.
- Charlette, Eliopoulos, Gerontological Nursing.
- Meridian L. Maas; et al. "Nursing Care of Older Adults. Diagnosis, outcomes, and Intervention; Mosby Co.
- Sally J, Redfern et al. Nursing Older people.

B. Article

C. E-learning materials